

**HAYWARD POLICE DEPARTMENT
ARREST AND CONTROL
POST PERISHABLE SKILLS PROGRAM (PSP)**
CCN: 29503 | POST Certification II | Reimbursement Plan IV | 4 hours

COURSE GOAL:

The course will provide Officers with the minimum topics of Arrest and Control required in the POST Perishable Skills Training Program (PSP). Officers will develop the necessary tactical knowledge and skills to arrest and control a suspect safely and effectively.

This course consists of hands-on/practical skills as well as policies and legal issues on the topic of arrest and control training for in-service officers.

MINIMUM TOPICS/EXERCISES:

- a. Policies, legal standards, and report writing
- b. Use of Force considerations
- c. Safety orientation and warm-up(s)
- d. De-escalation/Verbal commands– in exercise(s)
- e. Body balance/stance/movement patterns – in exercise(s)
- f. Search – in exercise(s)
- g. Equipment/Restraint device(s) use – in exercise(s)
- h. Subject's Actions and Officer's response to force
- i. Control/Takedown - in exercise(s) Verbal command
- j. WRAP Restraint
- k. Impact weapons
- l. Class exercises/Student Evaluation/Testing
- m. Recovery/First Aid (as applicable)

COURSE OBJECTIVES

Officers will:

1. Demonstrate knowledge of their Department Arrest and Control Policy and current case law.
2. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques.

3. Demonstrate a minimum standard of arrest and control skills with every technique and exercise, to include:
 - a. Judgment and Decision Making
 - b. Officer Safety
 - c. Body Balance, Stance, and Movement
 - d. Searching/Handcuffing Techniques
 - e. Control Holds/Takedowns
 - f. De-escalation/Verbal Commands
 - g. Effectiveness Under Stress Conditions
 - h. WRAP Restraint
 - i. Impact Weapons proficiency

Minimum standards of performance shall be tested by an instructor observing officers during their performance of each technique and exercise. If an officer does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

- I. REGISTRATION AND ORIENTATION
 - a. Introduction, Registration and Orientation
 - b. Course Objectives/Overview, Exercises, Evaluation/Testing

- II. USE OF FORCE POLICIES AND LEGAL ISSUES **III (a, b)**
 - a. Case Law Review or Update(s)
 - b. Overview Legal Code Updates
 - c. Hayward Use of Force Policy Review
 - d. Hayward Handcuffing and Restraint Policy Review
 - e. Report Writing Considerations

- III. TACTICAL CONSIDERATIONS **III (b,d,h)**
 - a. Pre-Planning
 - b. Resources Available
 - c. Initial Approach to Subject
 - i. Distance + cover = time
 - d. Constant Assessment
 - i. Present Ability
 - ii. Opportunity
 - iii. Apparent Intent
 - e. Recognize when to Intercept.
 - i. Negotiations fail – Act
 - ii. Provide Use of Force warning when feasible
 - f. Contingency Plan
 - g. Escape Routes
 - h. Associates
 - i. Tactical retreat/ Break Contact

- IV. SUBJECT'S ACTIONS **III (h, j)**
 - a. Compliant
 - b. Non-compliant
 - i. Verbal
 - ii. Resistant
 - iii. Actively Resistant
 - iv. Assaultive
 - v. Life Threatening

- V. OFFICER RESPONSE **III(e,h,i)**
 - a. Verbal De-escalation
 - b. Physical Control De-escalation
 - c. Intermediate force
 - d. Deadly force

- e. Students will participate in Stress Effectiveness drills to demonstrate:
 - i. Safety
 - ii. Body physics and dynamics
 - iii. Balance, stances, movement
 - iv. Verbal Commands/Instructions/De-escalation
 - v. Physical Control/De-escalation
 - vi. Interceptors
 - vii. Stabilizers
 - viii. Resolution/Handcuffing
 - ix. Searching
 - x. Multiple Officer Engagements/Communication

Instructors will provide appropriate verbal & demonstrative instruction and review as necessary. Instructors will continually evaluate student performance, observing the student's awareness, balance, and control during exercises. Students will practice all exercises, searching, and handcuffing techniques with awareness, balance, and control.

- VI. SAFETY ORIENTATION AND WARM-UP III (c,e)
 - a. Review of Safety Policies and Injury Precautions
 - b. Sleep
 - c. Nutrition
 - d. Physical Conditioning
 - e. Warm-up

- VII. BODY BALANCE/STANCE AND MOVEMENT III(e)
 - a. Operational Platforms
 - b. Footwork Review
 - c. Body Balance and Movement

- VIII. PHYSICAL CONTROL and ISR VERTICAL CORE III(d,i,k)
 - a. Rear Wrist Lock
 - i. Safety
 - ii. Body physics and dynamics
 - iii. Balance, stances, movement
 - iv. Verbal Commands | Instructions | De-escalation
 - v. Physical Control | De-escalation
 - vi. Interceptors
 - vii. Stabilizers
 - viii. Handcuffing
 - ix. Searching
 - x. Tactical communication skills and techniques
 - xi. Multiple Officer Engagements | Communications

xii. Stress Effectiveness drills

b. Stabilizers

- i. 2on1
- ii. Wrist Weave
- iii. Underhook & Pike:
- iv. Harness/Body Lock

c. Interceptors

- i. Dive
- ii. Brace
- iii. Helmet
- iv. Arm Drag

d. Resolve

- i. S Position
- ii. Arm Wrap | Knee Pin
- iii. Rides

IX. SEARCHING

III(f,g,j)

- a. Visual Search (plain view)
- b. Search Techniques
 - i. Low risk search
 - ii. Mid to High Level Search
- c. Weapon Search
- d. Search Incident to Arrest

X. HANDCUFFING

III(f,g,j)

- a. Handcuffing Techniques from
 - i. Standing
 - ii. Kneeling
 - iii. Prone
- b. Multiple officer handcuffing
 - i. Standing
 - ii. Kneeling
 - iii. Felony Prone
- c. Injury Assessments
 - i. Officer
 - ii. Suspect
 - iii. CPR
- d. Request EMS as needed
- e. Document

XI. STUDENT RECOVERY

III(m)

- a. Cool Down
- b. Injuries

XII. WRAP RESTRAINT**III(j)****a. Instruction:**

- i. Demonstration
- ii. Considerations
- iii. Medical Emergency Considerations in WRAP
- iv. Loss of Consciousness in WRAP restraint

b. Officer Demonstration

- i. Flow Pattern
- ii. WRAP Applied
- iii. Check for vitals
- iv. If there are no vital signs- EMS/render First Aid & CPR as necessary
- v. Recovery to “recognizable state of consciousness”
- vi. No recovery- EMS/render First Aid & CPR as necessary
- vii. Continuously monitor

XIII. IMPACT WEAPONS**III(k)****a. Target Areas****b. Non-Target areas****c. Zone Strikes**

- i. Zones 1 thru 4
- ii. Two Count Series
- iii. Two Count two handed
- iv. Two Count Yawara

XIV. TESTING/REMEDICATION

Testing: Any student scoring below standard on any exercise, as established by the presenter, will be remediated, and tested until the standard is achieved.