

Day by Day: Community Resources in the Hayward Area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Color Key	Yellow = Meals	Orange = Groceries	Green = Shelter	Blue = Showers	Purple = Hotlines	
First Presbyterian Breakfast 6-8 am	California Youth Crisis 1 (800) 843-5200	First United Methodist Breakfast, bag lunch 8am	Hayward Spanish SDA Food 8am-1pm	<i>This guide maintained by Hayward Public Library, DayByDay@hayward-ca.gov. 08/2023</i>		
East Bay AA Helpline 24/7 1 (510) 839-8900	South Hayward Parish 8am-12pm: Sign up for mail service for unhoused people. 3-month contracts.	BACS HEDCO 9-9:30am Breakfast, followed by news, mindfulness, emotional support, art & activities.	Salvation Army Breakfast 10-11am	Salvation Army Breakfast 10-11am	Salvation Army Breakfast 10-11am	
	Salvation Army Breakfast 10-11am	Jobs Eden Area One Stop (510) 670-5700	Community of Grace Food 11am-12pm Except 5 th Wed.	San Lorenzo Family Help Center Food 10am-12:30pm	San Lorenzo Family Help Center Food 10am-12:30pm	
		San Lorenzo Family Help Center Food 10am-12:30pm	Downtown Streets (408) 384-1119	First Pres./South Hay. Showers 10-11am	First Pres./South Hay. Showers 10-11am	First Pres./South Hay. Showers 10-11am
April Showers at San Leandro Boys & Girls Club 11am-2pm 1 st 3 rd 5 th Sun.		First Pres./South Hay. Showers 10-11am	East Bay Works Eastbayworks.com	First Presbyterian/South Hayward Resource center 10am-4pm. Lunch provided.		Salvation Army Sack lunch, food pantry, & hygiene kits 10am-2pm
If you are looking for a sign not to kill yourself, this is it.	Salvation Army Sack lunch, food pantry, & hygiene kits 10am-2pm	BACS HEDCO 12-12:30pm Lunch. Also help with benefits, jobs, shelter, budgets, & more.	Senior Meals: 12pm Josephine Lum Lodge. Must order: (510) 785-1997. 12pm Hayward Area Senior Center: (510) 881-6766	Glad Tidings White House Food pantry 12:30-1:30pm	Food Farmacy Drive-thru 1-3pm	San Lorenzo Family Food 10am-12:30pm
	Suicide Prevention Call 988	<i>Look for something positive in every day.</i>	First Pres./South Hay. Register for a bed or safe parking 12-3pm	EUCC Eden United Church Pantry 2 nd & 4 th Wed. 1:30-4:30pm	First Pres./South Hay. Register for a bed or safe parking 12-3pm	Parenting Helpline 1 (800) 829 3777
<i>Believe in yourself. You are braver than you think.</i>	Veterans Hotline 1 (877) 424-3838	Downtown Streets Meeting + lunch 12:30	Free Hot Meals+books 2-4pm, 1 st & 3 rd Wed. 680 W. Tennyson Rd.	South Hayward Pantry 1-4pm	Alameda Crisis Hotline 1 (800) 309-2131 or Text SAFE	
Salvation Army Dinner 4-5pm	Free Hot Meals 2-4pm, Corner of Harder & Cypress Ave.	South Hayward Pantry 1-4pm	First Pres./South Hay. 2-4pm, Corner of Harder & Cypress Ave.	South Hayward Pantry 1-4pm	First Pres./South Hay. 1 (800) 309-2131 or Text SAFE	
Sexual Assault Hotline 1 (800) 656 4673	First Pres./South Hay. Showers 2-3pm	Hope 4 the Heart Food 1pm	First Pres./South Hay. Showers 2-3pm	New Life Christian Food pantry 2:30pm	First Pres./South Hay. Showers 2-3pm	Escape Domestic Violence and Human Trafficking 1 (888) 339-7233
Salvation Army Dinner 4-5pm	South Hayward Pantry 2-5pm	Downtown Hayward Shower Ministry 3-5pm		Apply for housing at Housing.acgov.org	Faith Lutheran Pantry 6:30-7:30pm 1 st & 3 rd Thursday	Our Lady of the Rosary Dinner 6pm + food
First Presbyterian Shelter opens 6:30pm. Dinner 6:30pm. For a shelter bed or safe parking, register in advance Tues. or Thurs. 12-3pm. Questions? (510) 634-4750	All Saints Catholic Pantry 6:30-8pm	New Hope Christian Dinner 5pm + food		First Pres./South Hay. Shower 7-8pm	Need a place to stay? Call 211 / Text 898211	First Pres./South Hay. Shower 7-8pm
South Hayward Parish Shelter opens 6:30pm. Dinner 6:30pm. For a shelter bed, register in advance Tues. or Thurs. 12-3pm. No overnight parking. Questions? (510) 634-2229	Find a Food Pantry with Foodnow.net	First Pres./South Hay. Showers 7-8pm	LGBTQ National Hotline 1 (888) 843-4564	First Pres./South Hay. Shower 7-8pm	First Pres./South Hay. Shower 7-8pm	Alameda County Food Bank (510) 635-3663

First Step: Call 211 or visit 211alamedacounty.org for help with housing and other social services

MEALS – see guide for days/times of service	CONTACT	COMPUTERS	CONTACT
BACS HEDCO: 590 B St., Hayward – also case management	510 247 8235	Hayward Public Library: 888 C Street or 27300 Patrick Ave.	510 293 8685
First Presbyterian: 2490 Grove Way, Castro Valley	510 634 4750	ESCAPE VIOLENCE and HUMAN TRAFFICKING	
First United Methodist: 1183 B St., Hayward	510 581 2266	BAWAR Bay Area Women Against Rape	510 800 4247
New Hope Christian: 1265 B St., Hayward	510 889 1304	Building Futures: 1840 Fairway Dr., San Leandro	510 357 0205
Our Lady of the Rosary: 703 C St., Union City	510 471 2609	Narika (especially for South Asian immigrants)	800 215 7308
Salvation Army: 430 A St., Hayward	510 581 6444	Ruby's Place	888 339 7233
Senior Meals, Hayward Senior Ctr: 22325 N 3 rd St., Hayward	510 881 6766	A Safe Place	510 536 7233
Senior Meals, Josephine Lum Lodge: 2747 Oliver, Hayward	510 785 1997	SAVE (Safe Alternatives to Violent Environments)	510 794 6055
The Free Hot Meals program on Mon., Thurs., and 1 st and 3 rd Wed., is provided by 5 Sikh Seva Food Truck in partnership with Hayward Public Library, Cal State University East Bay, Hayward Promise Neighborhood, and Eden Youth and Family.		24-hour crisis line, 1 866 A WAY OUT	866 292 9688
		FAMILIES	
		FESCO (Family emergency shelter) – by appointment only	510 581 3223
GROCERIES – see guide for days/times of service		JOBS	
All Saints Catholic Church: 22824 Second St., Hayward	510 581 2570	Downtown Streets Team: 22551 2 nd St., Hayward	408 384 1119
Community of Grace: 380 Elmhurst St., Hayward	510 783 8062	East Bay Works	Eastbayworks.com
Eden United Church of Christ: 21455 Birch St. #1, Hayward	510 582 9533	Eden Area One Stop Career Center: 24100 Amador St., 3 rd Floor	510 670 5700
Faith Lutheran: 20080 Redwood Rd., Castro Valley	510 581 0818	LEGAL HELP	
Food Farmacy: 2700 Fairmont, San Leandro	510 820 5222	Bay Area Legal Aid: 1735 Telegraph Ave., Oakland	800 551 5554
Glad Tidings: 27751 Tyrell Ave., Hayward	510 783 9377	Eviction Defense Center: 350 Frank Ogawa Plaza, Ste. 703	510 452 4541
Hayward Spanish SDA Church: 22117 Meekland Ave.	510 581 1456	Homeless Action Center: 2601 San Pablo Ave., Oakland	510 695 2260
Hope 4 the Heart: 22035 Meekland Ave., Hayward	Hope4theheart.org	Lawyer in the Library: Hayward Library, phone service by appt.	510 881 7980
San Lorenzo Family Help: 16032 Hesperian, San Lorenzo	341 314 6770	MEDICAL CARE	
South Hayward Parish: 27287 Patrick Ave., Hayward	510 785 3663	Alameda County Health Care for the Homeless	achch.org/get-help
SHOWERS – see guide for days/times of service		Ashland Free Clinic: 16539 Ashland Ave., San Lorenzo Sat. 8-11am	510 407 2362
April Showers: 2200 San Leandro Blvd., San Leandro	ihnAprilshowers.org	Birthright (for pregnant women): 1048 Grant Ave, San Lorenzo	510 481 9677
Cross Streets at Creekside: 951 MacArthur Blvd, San Leandro		Davis Street Clinic: 3081 Teagarden St., San Leandro M-F 8am-6pm	510 347 4620
Downtown Hayward Shower Ministry: 1265 B St., Hayward		Planned Parenthood: 1032 A St., Hayward	510 300 3800
First Presbyterian: 2490 Grove Way, Castro Valley	510 634 4750	Tiburcio Vasquez Clinic: 22331 Mission Blvd., Hayward	510 471 5880
South Hayward Parish: 27287 Patrick Ave., Hayward	510 634 2229	RECOVERY	
SHELTER – register in advance or lottery		Alcoholics Anonymous: 22654 Mission Blvd., Hayward eastbayaa.org	510 839 8900
First Presbyterian: 2490 Grove Way, Castro Valley	510 634 4750	Cherry Hill Detox: 2035 Fairmont Dr., San Leandro	866 866 7496
South Hayward Parish: 27287 Patrick Ave., Hayward	510 634 2229	La Familia: 24301 Southland Dr., Ste 300 Hayward <i>Se habla español</i>	510 300 3500
Register Tues. or Th. 12-3pm for beds. Otherwise daily lottery.		Life House Recovery Homes: 22280 Main St., Hayward	510 999 7901
SAFE PARKING PROGRAMS – register in advance		Second Chance Hayward Recovery Center: 107 Jackson St.	510 886 8696
Alameda County Safe Parking: Fairmont, San Leandro	510 593 4660	Victory Outreach Heart	510 830 5140
Careavan: Union City: JesusG@UnionCity.org	510 675 5482	VETERANS SERVICES	
First Presbyterian: 2490 Grove Way, Castro Valley	510 634 4750	Alameda Co. Veterans Serv.: 6955 Foothill Blvd., Ste 143, Oakland	510 577 1926

This resource was created by Hayward Public Library with gratitude to the founders of the Hayward Grid. The Day by Day guide is available in English and Spanish at Hayward libraries (Downtown, 888 C Street, or Weekes Branch, 27300 Patrick Avenue). To access the guide and related information online, visit the library's Community Resource Guide at <https://www.hayward-ca.gov/public-library/resources/community>. To contact the librarian who manages this resource, email DayByDay@hayward-ca.gov.